Take a Look at Yourself

Count: 48 **Wall:** 2 **Level:** Intermediate

Choreographer: Simon Ward (AUS) & Jo Thompson Szymanski (USA) - May 2026

Music: Before You Accuse Me - Eric Burdon

Notes: Intro 16 counts – No Tags! No Restarts!

[1-8] DIAGONAL KICK, BALL STEP, SAILOR 1/4 R, FORWARD, 1/2 L, COASTER STEP

1&2	With body angled to 10:30 - Kick R forward across L (1); Step ball of R to right (&); Step L to left (2)
3&4	Square up to 12:00, Step R behind L (3); Turn 1/4 right stepping L to left (&); Step R forward (4) (3:00)
5-6	Step L forward (5); Turn 1/2 left stepping R back (6) (9:00)
7&8	Step L back (7); Step R beside L (&); Step L forward (8)

[9-16] WALK, WALK, BALL CROSS, FORWARD, 1/4 R HITCH, CROSS, SYNCOPATED WEAVE R

1-2	Step R forward (1); Step L forward (2)
&3	Angle body slightly left, stepping ball of R to right (&); Step L forward across R (3)
4	Square up to 9:00 stepping R forward (4) (9:00)
5-6	Turn 1/4 right hitching L knee up (5); Cross L over R (6) (12:00)
&7&8	Step R to right (&); Step L behind R (7); Step R to right (&); Cross L over R (8)

[17-24] SIDE ROCKS R & L, FORWARD ROCK R, RECOVER, 2 STEP TOUCHES TRAVELING BACK

1-2	Rock R to right pushing hips slightly right lifting L toe off ground (1); Recover weight to L (2)
&	Step R beside L (&)
3-4	Rock L to left pushing hips slightly left lifting R toe off ground (3); Recover weight to R (4)
&	Step L beside R (&)
5-6	Rock R forward (5); Recover weight to L (6)
&7&8	Step R back (&); Touch L beside R (7); Step L back (&); Touch R beside L (8)

[25-32] 1/4 R SIDE, POINT, ROLLING VINE L, CROSS & HEEL/POINT, & CROSS TRIPLE

&1	Turn 1/4 right stepping R to right (&); Point L to left prepping upper body slightly right (1) (3:00)
2-4	Turn 1/4 left stepping L fwd (2); Turn 1/2 left stepping R back (3); Turn 1/4 left stepping L to left (4)
5&6	Cross R over L (5); Small step L to left (&); Tap R heel or point R toe to R front diagonal (6)
&7&8	Step R beside L (&); Cross L over R (7); Small step R to right (&); Cross L over R (8)

[33-40] SIDE, BEHIND, HOLD, SIDE, CROSS, HOLD, SIDE TOGETHER, CROSS, 1/4 R, 3/8 R

&1-2	Small step R to right (&); Step L behind R (1); Hold (2)
&3-4	Small step R to right (&); Cross L over R (3); Hold (4)
&5-6	Step R to right (&); Step L beside R (5); Cross R over L (6)
7-8	Turn 1/4 right stepping L back (7); Turn 3/8 right stepping R forward (8) (10:30)

[41-48] DIAGONAL FORWARD ROCK L, RECOVER, BACK, BACK, COASTER STEP, 1/2 L DRAG, STEP

1-2	Rock L forward (1); Recover weight to R (2) (Add your style by doing a body roll or hip sway)
3-4	Step L back fanning R toe out (3); Step R back fanning L toe out (4)
5&6	Step L back (5); Step R beside L (&); Step L forward (6)
7-8	Turn 1/4 left taking big step R to right dragging L toward R (7); Continue turning another 1/4 left stepping L beside R (8) (4:30)

Note: 7-8 should be a smooth, gradual 1/2 turn as you drag L toward R.

BEGIN AGAIN! NO TAGS! NO RESTARTS!

Special thanks to DJ John Lindo for helping us discover this great song!

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